



Youth Support and Training

This Informational Sheet is intended to provide a brief description of Youth Support and Training, as well as provide a link for those seeking a richer understanding. Youth Support and Training is one of the 5 Specialized Services available to those youth eligible for the Coordinated System of Care (CSoC).

Youth Support and Training Services *

Youth support and training (YSAT) services are child-/youth-centered services that provide the training and support necessary to ensure engagement and active participation of the youth in the treatment planning process and with the ongoing implementation and reinforcement of skills learned throughout the treatment process. The Youth support and training services have a recovery focus designed to promote skills for coping with and managing psychiatric symptoms while facilitating the utilization of natural resources and the enhancement of community living skills. This service is **provided by the Statewide Family Support Organization (FSO)**.

Activities included must be intended to achieve the identified goals or objectives as set forth in the child's/youth's individualized Plan of Care (POC). The structured, scheduled activities provided by this service emphasize the opportunity for youth to support other children and youth in the restoration and expansion of the skills and strategies necessary to move forward in recovery.

YSAT is a face-to-face intervention with the child/youth present. Services can be provided individually or in a group setting.

The majority of YSAT contacts must occur in community locations where the person lives, works, attends school and/or socializes.

The eligibility criteria:

For Medicaid eligible: Any individual found eligible, through a CANS comprehensive screening, for enrollment in the CSoC program (HCBS, CSoC SED Waiver eligible or CSoC LON under 1915(b)(3)).

Learn more about this Specialized Service of CSoC:

Access the Louisiana [Service Definition Manual](#) SDM (pages 6-7) for additional information including Eligibility Criteria, Limitations/Exclusions, and Service Criteria.

* This Informational Sheet is intended as an aid in understanding this CSoC service. For a thorough description of this service and related requirements, please refer to the **Louisiana Service Definition Manual** linked in the body of this sheet.