



# Parent Support and Training

This Informational Sheet is intended to provide a brief description of Parent Support and Training, as well as provide a link for those seeking a richer understanding. Parent Support and Training is one of the 5 Specialized Services available to those youth eligible for the Coordinated System of Care (CSoC).

## Parent Support and Training Services\*

**Parent support and training** is designed to benefit the Medicaid-eligible child/youth experiencing a serious emotional disturbance (SED) who is eligible for the Coordinated System of Care (CSoC) and is at risk of out-of-home placement. This service provides the training and support necessary to ensure engagement and active participation of the family in the treatment planning process and with the ongoing implementation and reinforcement of skills learned throughout the treatment process. This service is **provided by the Statewide Family Support Organization (FSO)**.

Components of the Parent Support and Training Role:

1. Assisting the family in the acquisition of knowledge and skills necessary to understand and address the specific needs of the eligible child/youth in relation to their mental illness and treatment; development and enhancement of the families specific problem-solving skills, coping mechanisms and strategies for the child's/youth's symptom/behavior management.
2. Assisting the family in understanding various requirements of the waiver process, such as the crisis/safety plan and plan of care (POC) process.
3. Training on understanding the child's diagnoses.
4. Understanding service options offered by service providers and assisting with understanding policies, procedures and regulations that impact the child with mental illness/addictive disorder concerns while living in the community (e.g., training on system navigation and Medicaid interaction with other child- serving systems).
5. The specialist may also conduct follow-up with the families regarding services provided and continuing needs.

### The eligibility criteria:

For Medicaid eligible: Any individual found eligible, through a CANS comprehensive screening, for enrollment in the CSoC program (HCBS, CSoC SED Waiver eligible or CSoC LON under 1915(b)(3)).

### Learn more about this Specialized Service of CSoC:

Access the Louisiana [Service Definition Manual](#) SDM (pages 3-5) for additional information including Eligibility Criteria, Limitations/Exclusions, and Service Criteria.

\*This Informational Sheet is intended as an aid in understanding this CSoC service. For a thorough description of this service and related requirements, please refer to the [Louisiana Service Definition Manual](#) linked in the body of this sheet.