

## **BEHAVIORAL SERVICES OF LOUISIANA**

is the state-wide Family Support Organization (FSO). We provide: **1)** Parent Support and Training; and **2)** Youth support and Training which are two of the specialized services for youth enrolled in Louisiana's Coordinated System of Care (CSoC). Our family-driven, youth-guided services shall be delivered face-to-face or via telesupport with the majority occurring in the community. Services are provided on an individual basis to increase the family's ability to provide a safe and supportive environment in the home and community for the eligible youth.

Your Wraparound Facilitator will conduct monthly Child and Family Team meetings (CFT) where you, the family and youth will be given the voice to discuss your needs and wants and the choice of what services you will and will not receive.



*Our goal for the individuals we serve is to develop personal knowledge of strengths and support, within themselves and within their communities, so they can have a choice and a voice about the treatment they receive.*



## **Behavioral Services** of Louisiana

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## **Behavioral Services** of Louisiana

*Empowering self  
advocacy through*

**VOICE,  
CHOICE,  
and HOPE.**



## PARENT SUPPORT AND TRAINING

This service connects families with people who are caregivers of children with similar challenges. Parent Support Specialists provide guidance and support to families by helping them to develop the skills required to access services and participate in treatment planning to meet their youth's behavioral health needs. Parent Support Specialists also provide information and education to families and help families connect with community resources while assisting with removing barriers.

### ***This involves:***

- Assisting the family in gaining the knowledge and skills necessary to understand and address the specific needs of the enrolled

youth in relation to their mental illness/addictive disorder and treatment while supporting the development of the family's specific problem-solving skills, coping mechanisms and strategies needed to manage the youth's symptoms and behaviors;

- Assisting the family in understanding various requirements of the waiver/CSoC process such as the crisis/safety plan and plan of care (POC) development;
- Education and training to support the understanding of the child's diagnosis and behaviors;
- Understanding service options offered by other service providers and assisting with understanding policies, procedures and regulations that impact the enrolled youth/family's child with mental illness/addictive disorder concerns while living in the community (e.g., support in navigating other child-serving systems).

## YOUTH SUPPORT AND TRAINING

Youth Support Specialists are young people who have been directly involved in behavioral health services or other child-serving systems

in the past. They provide support, mentoring, coaching and skill development to children and youth enrolled in CSoC. This service works with the child or youth at home and in community locations and supports the development of new skills and abilities.

### ***Components:***

- Helping the youth to develop a network for information and support from others who have been through similar experiences;
- Assisting the youth to develop the skills to make independent choices and take a proactive role in their treatment, including discussing questions or concerns with their providers/team about their diagnosis and treatment options;
- Assisting the youth in identifying triggers while developing ways to pro-actively avoid and/or manage response;
- Assisting the youth to reduce their reliance on YST overtime while increasing the ability to address and reduce negative behaviors which may lead to placement outside of the youth's home or community.

voice

choice

hope