



Short Term Respite (STR) Provider Training Instructions

The Family Involvement Center's Short Term Respite Provider Training is the OBH-approved curriculum for Short Term Respite (STR) services. This training must be completed prior to delivering STR services. The training package includes the following documents.

Short Term Respite Training (PowerPoint)

The training curriculum is designed to be developed in a classroom setting by a trainer at the STR provider agency. The training consists of seven modules and typically takes approximately six hours to deliver, in addition to break time. The training consists of seven modules:

- Module 1: Respite Overview
- Module 2: Wraparound and the CFT Process
- Module 3: Family Culture and Values
- Module 4: Understanding Needs
- Module 5: Safety
- Module 6: Responding to Challenging Behaviors
- Module 7: Are you ready to be a Respite Provider?

Short Term Respite Training Trainer's Manual

Trainers should review and familiarize themselves with the STR Training Trainer's Manual prior to delivering the training. The manual includes the PowerPoint slides along with notes such as instructions, comments, sample scripts, activities, discussion questions, and estimated time for each module.

Short Term Respite Training Handout

Trainers should provide everyone with a handout of the slides.

Short Term Respite Training Forms Package

This package of forms is covered during Module 3 of the training (slide twenty-seven and page twenty-seven of the trainer's manual). Trainers should provide everyone with a printed copy of the forms to review during the training, in addition to any other agency-specific forms that will be covered.

Short Term Respite Training Certificate

Upon completion of the training, the trainer should complete and sign a certificate of completion for each individual staff member who completed the training. The certificate should be maintained with the agency's personnel files.

For questions, please contact Connie Goodson at Connie.Goodson@la.gov or Sareda McPhee at Sareda.McPhee@la.gov.